

# DECOMPRESSION

18-22 MAY 2018



WEAREAFRICA

**ESCAPE+EXPLORE**  
VENTURE INTO AFRICA







# RECONNECT WITH NATURE AND DISCOVER YOUR WILD SIDE...

Step outside your comfort zone on a journey to the tip of Africa and embrace the true luxury of hands-on transformative travel. The perfect tonic for the fast-paced networking of We Are Africa, this is far more than a post-show retreat: it's a stripped-back surrender to Mother Nature – a unique opportunity to totally reexamine your who, what and why.

## the destination

Travel with Escape+Explore via the outdoor playground of the Elgin Valley to the sanctuary of De Hoop Nature Reserve, at the very tip of Africa. Part of a World Heritage marine reserve and one of the largest marine protected areas in Africa, the Reserve boasts 51 kilometres of pristine white beaches, limestone cliffs, rock pools, wetlands and coastal fynbos.

Staying in retro Air Stream trailers, complete with artist-themed bedrooms and uber contemporary living spaces set in the wilds of the Elgin Valley; and a cluster of beautifully restored cottages around an impressive manor house in the heart of a coastal marine reserve you will have a comfortable spot to rest your head, it's not all unforgiving wilderness...!

## the journey

Experience the hidden outdoor playground of both the Elgin Valley and De Hoop Nature Reserve, where some of best hiking and mountain biking trails criss-cross one of South Africa's most beautiful mountainous wine region and coastal nature reserve under the expert guidance of the Escape+Explore team – among the top private adventure guides in Africa.

During the day, venture out in the wilds and experience nature at its most raw. Hike or mountain bike along the Fynbos trails through Cape Leopard country to local wine farms; learn how to body surf; pioneer new fat-biking routes over white dunes; experience free-diving in rock pools the size of swimming pools; and hike your way into nature along one of the most biodiverse coastlines in the world.

Come evening, gather around the camp fire and take a musical journey with one of Africa's hottest musicians; listen to inspirational locals who are led by passion rather than convention; and delve deep as we completely unplug and connect with fellow tribe members at the very tip of Africa.

## what's included?

- **4 Quirky Nights**  
Two nights' at Old MacDaddy Trailer Hotel and two nights at De Hoop Collection Nature Reserve
- **5 Mind Blowing Days**  
Escape+Explore Adventure Guides and hop on specialists.
- All adventure equipment
- All transport from and returning to central Cape Town
- All meals and selected drinks.

*Note: This is a free flow adventure. Itinerary and activities subject to change based on the weather and the group attending.*

### cost:

ZAR 15 800 per person sharing (£950 ; \$ 1,300)\*  
ZAR 19 800 per person single (£1,190 ; \$ 1,640)\*

### to book email:

Ingram Casey: [ingram@escapeexplore.com](mailto:ingram@escapeexplore.com)

*\*£; \$ Rates estimates only and will be confirmed at time of booking*